

IMPORTANCE OF PH BALANCE

Significant benefits result when pH levels are in balance. Look at the lists below and note the incredibly important role pH balance plays in the performance of the body. Optimum performance results when in the molecular world of pH balance reigns. Our bodies don't work well any other way...

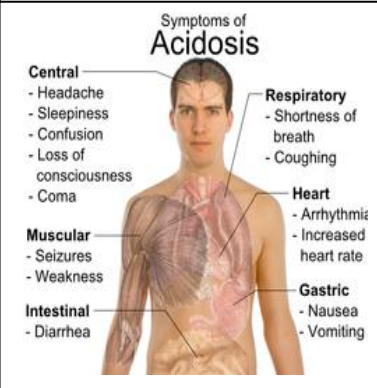
A. BENEFITS TO PHYSICAL FUNCTIONS AND PROCESSES OF YOUR BODY

<ul style="list-style-type: none">• FAT METABOLISM• HEALTHY INSULIN PRODUCTION• HEALTHY OXYGEN FLOW• BLOOD PRESSURE REGULATION• PROPER ELECTROLYTE ACTIVITY	<ul style="list-style-type: none">• CRITICAL LIPID, FATTY ACID, AND HORMONAL METABOLISM• CELLULAR REGENERATION• DNA-RNA SYNTHESIS• ACCESS TO ENERGY RESERVES
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1. It is simple medical science that proves the importance of pH balance. In each of the vital functions listed above, the level of your body's acid to alkaline is critical. Especially when those levels are acidic, **POOR PERFORMANCE always results.**
2. This leads us to a fact we must recognize and accept- the fact that **pH balance is the foundational building block of health.** This cannot be overlooked in our search for health and our battles against disease.
3. The importance of pH balance to the critical systems listed above point us to a very important factor in our approach to health. We must pursue health intelligently – at its most fundamental level. All “knotty” problems must be “unraveled” and carefully examined in order to discover **the real root of the problem.**
4. The root of the problem of health in the body is found at the molecular level, the “inner terrain” of the body. As it turns out, **the health “mistakes” we make as we live life results in a degradation of our bodies at the molecular level** and we compromise the “inner terrain” of our body toward disease.
5. When this degradation or pH imbalance (in other words) results, the entire system of the body suffers. **The functions of complex systems** like our heart, or brain, cellular metabolism, or digestion **begin to fail** because at a foundational level, they have been compromised.
6. As the party ultimately responsible for our health and life, the challenge we have is to discover what in the world is causing the “breakdown” of our pH balance at this fundamental level.

***WE NEED TO DISCOVER THE RULES OF THE BODY
RULES WE MUST KEEP TO MAINTAIN THE PH BALANCE OF THE BODY
AND LEARN TO AVOID ACIDITY - THE FOUNTAINHEAD OF DISEASE***

B. HEALTH CONDITIONS ASSOCIATED WITH ADVANCED PH IMBALANCE (ACIDOSIS)

LEVEL I	LEVEL II	LEVEL III
<ul style="list-style-type: none"> • ACNE • AGITATION • MUSCULAR PAIN • COLD HANDS AND FEET • DIZZINESS • LOW ENERGY • JOINT PAINS • FOOD ALLERGIES • CHEMICAL SENSITIVITIES • HYPERACTIVITY • PANIC ATTACKS • PRE-MENSTRUAL AND MENSTRUAL CRAMPING • LACK OF SEX DRIVE • BLOATING • HEARTBURN • DIARRHEA • CONSTIPATION • HOT URINE • SMELLING URINE • MILD HEADACHES • RAPID HEARTBEAT • IREGULAR HEARTBEAT • WHITE COATED TONGUE • HARD TO GET UP IN MORNING • EXCESS HEAD MUCOUS • METALLIC TASTE IN MOUTH 	<ul style="list-style-type: none"> • COLD SORES (HERPES I AND II) • DEPRESSION • LOSS OF MEMORY • LOSS OF CONCENTRATION • MIGRAINE HEADACHES • INSOMNIA • DISTURBANCE IN SMELL, TASTE, VISION, HEARING • ASTHMA • BRONCHITIS • HAY FEVER • EAR ACHES • HIVES • SWELLING • VIRAL INFECTIONS (COLDS, FLU) • IMPOTENCE • BACTERIAL INFECTIONS (STAPH, STREP) • FUNGAL INFECTIONS (CANDIDA ALBICANS, ATHLETE'S FOOT, VAGINAL) • URETHRITIS • CYSTITIS • URINARY INFECTION • GASTRITIS • COLITIS • PSORIASIS 	<ul style="list-style-type: none"> • CROHN'S DISEASE • SCHIZOPHRENIA • LEARNING DISABLED • HODGKIN'S DISEASE • SYSTEMIC LUPUS ERYTHEMATOSIS • MULTIPLE SCLEROSIS • SARCOIDOSIS • RHEUMATOID ARTHRITIS • MYASTHENIA GRAVIS • SCLERODERMA • LEUKEMIA • TUBERCULOSIS • CANCER (ALL OTHER FORMS) <div data-bbox="992 730 1372 1115" style="text-align: center;"> <p>Symptoms of Acidosis</p>  </div>

1. The close association of pH imbalance and the many conditions listed above is a very important consideration. We must closely question why it is that all of these conditions are indeed integrally connected with pH imbalance or acidity. **Are these conditions in fact only a symptom and not the root cause?** Is in fact the real battle for health to be fought at an entirely different level?
2. The incredibly sophisticated equipment, methods, and science being used today to fight disease is overwhelming. Is it possible that the methods of traditional medicine are being applied at a secondary or symptomatic level and that **the true battlefield within the body is being neglected?** Are we indeed misapplying our efforts by not applying our energies in the arena that will be most effective?
3. This is a **huge question** and deserves our full attention. Traditional medicine simply does not focus on methods to raise pH.
4. A simple look at the lists above is shouting loudly to us the direction we need to pursue. The direction we must go to find the answers **will be found as we discover importance of the role of pH balance and acidity.** As we learn about this fundamental key to our body's physiology we will be astonished by the health solutions that become available to us.

**AS WE UNDERSTAND THE ROLE OF PH BALANCE
AND DISCOVER HOW TO HOW TO CONTROL IT,
WE WILL EXPERIENCE HEALTH AT AN ENTIRELY NEW LEVEL
AS WE WORK WITH THE BODY AND NOT AGAINST IT**