THE BODY – MAGNIFICENT CREATION

The body is a truly magnificent creation. Its complexity is beyond imagination. 21st century research of the body reveals a seemingly unending universe of order, balance, and complexity nearly impossible to conceive of in past years. A brief look within our body yields facts that are hard to comprehend – and lead to **an amazing discovery about how to pursue health…**

Some facts almost seem impossible to imagine...

IF YOU WERE TO

…uncoil the DNA string from within each of the approximately 100 trillion cells of your body…

Then line them all up…

You then have a DNA "string" distance that stretches from the earth to the sun and back!

70 times!

That's 90 million miles x 70
A total distance of 6.3 billion miles!

THE VIEW WITHIN

- The more technology enables science to look within the body the more astonishing complexity it is able to view.

- Simply mapping out that inner view has taken experts many years. The universe within is just beginning to be discovered.

- Understanding how it works will take so much more time.

- The view within reveals an "ocean" of water with liquid, chemical, communication, manufacturing, and transportation systems we never imagined.

- It all leads to a very interesting conclusion that greatly affects our perspective about health.

OUR BODY WAS MADE TO BE HEALTHY

- This body of ours should have no problem keeping us healthy and providing us an amazing life

- Disease and sickness can be fought by the body itself. It is more than capable by design.

- Our search should be that of discovering the rules of the body – rules that when kept enable the body to keep us well.

"Every patient carries her or his doctor inside"
ALBERT SCHWEITZER

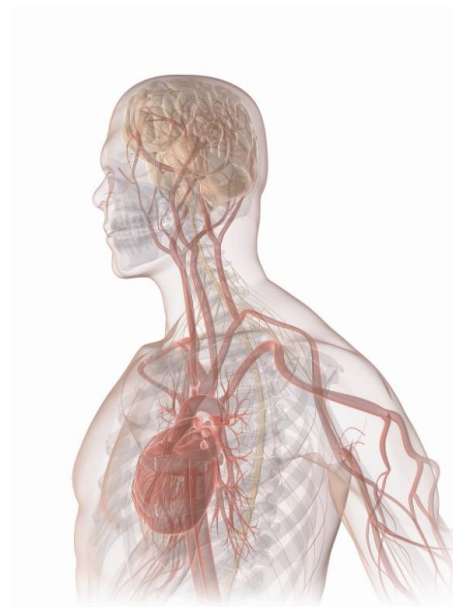### OR YOU WERE TO

…**measure the length of the vascular system of your body**

Including arteries, veins, and capillaries

When you're done you will discover an astonishing length that totals about

60,000 miles!

WE MUST REMEMBER IS THAT
OUR BODY WAS MADE TO BE WELL AND THAT CAN
AS WE FOLLOW ITS RULES