

# 7 CLEANSIELD POINTS TO PONDER

*Health results as we combine right knowledge with right action. The more we KNOW about our bodies and ACT accordingly, the more we experience vibrant health. The 7 points of knowledge found below have tremendous power to change our lives.*

## 1. YOUR BODY – A LIQUID SYSTEM

Our body is 70% water. This fact cannot be overemphasized. The important role water plays in the body and the ongoing condition of body's water, especially the pH balance, is vital for us to understand. The question to ask is, "Is the ocean of water within me polluted"? "How does it get polluted?"

KEY WORD - WATER

## 2. PH BALANCE- THE KEY

The water of our body has a pH level. (pH is the abbreviation for Potential Hydrogen or the measurement of hydrogen-ion concentration of any solution. The higher the pH reading, the more alkaline and oxygen rich the fluid is.) For us to be healthy, our "body water" must have a proper level of pH. Most of us have low pH levels (ACIDITY) because of unhealthy diet habits and the high stresses of modern life. Nearly all serious disease, including cancer, is closely associated with unbalanced pH levels in the body.

KEY WORD – PH BALANCE

## 3. ACIDITY THE DESTROYER OF HEALTH

When the pH balance of the waters of the body is unbalanced (usually that means low or acidic), the metabolic processes of the body do not work efficiently. This condition eventually invades more and more of the body and in time promotes the proliferation of bacteria and viruses as it resists assimilation of oxygen within the body. The cumulative result is metabolic body breakdown – what we consider sickness and disease. This is all the result of the destructive assault of acidity on the body. We must resist acidity in every way possible.

KEY WORD - ACIDITY

## **4. NEEDED - A RAPID ALKALINITY BOOST**

A sick and diseased body is fighting a cascading avalanche of acidity. It desperately needs a fast boost of alkalinity. CLEANSHIELD will trigger the needed rapid and safe boost to the "waters" of the body. It is a powerful alkalizer that is comprised of a safe blend of minerals in water with a pH level of 11. It has the proven ability to quickly create an alkalinity boost within the body.

KEY WORD – CLEANSHIELD

## **5. CLEANSHIELD HELPS BODY CREATE STRONG IMMUNE SYSTEM**

A balanced pH level within the waters and tissues of the body is almost mystical in its potent ability to stimulate the immune system of the body. As CLEANSHIELD helps neutralize acidity and restore proper pH balance, this incredibly complex and wonderful disease-fighting immune system of the body is stimulated to work at its best level. It is then that we begin the ability of the magnificent body we have all been given.

KEY WORD – IMMUNE

## **6. THE MAGNIFICENT BODY PROVIDES FOR ITS OWN HEALTH**

"Each patient carries his or her own doctor within". (Albert Schweitzer) The body itself is our best ally to health. As we understand the priorities and "rules" of the body, we experience the best it has to offer. Become one of millions who have discovered the power of a balanced pH within the body. Illness and disease retreat as the body itself begins to fight. As CLEANSHIELD helps restores body pH balance, bacteria, viruses and other body microforms that cause disease and dysfunction in body systems begin to retreat from a rejuvenated disease fighting body and immune system.

KEY WORD - BODY

## **7. WHAT YOU DO MAKES A DIFFERENCE**

We can be healthy – but it is up to us. It takes knowledge and action. The initial step of using CLEANSHIELD to help restore pH balance is a vitally important first step. However, other long term steps are also critically needed. We need to find out what they are and discover that a long term life plan for health is easy and attainable.

KEY WORD – YOU

**NEUTRALIZE THE ACIDIC PH OF YOUR BODY'S WATER WITH CLEANSHIELD  
HELP THE IMMUNE SYSTEM OF YOUR PROVIDE YOU BETTER HEALTH**