

# ***pH balance and Health***

*Significant benefits result when pH levels are in balance. Look at the lists below and note the incredibly important role pH balance plays in the performance of the body. Optimum performance results when in the molecular world of pH balance reigns. Our bodies don't work well any other way...*

## **BENEFITS TO PHYSICAL FUNCTIONS AND PROCESSES OF YOUR BODY**

1. It is simple medical science that proves the importance of pH balance. In each of the vital functions listed above, the level of your body's acid to alkaline is critical. Especially when those levels are acidic, POOR PERFORMANCE always results.

2. This leads us to a fact we must recognize and accept- the fact that pH balance is the foundational building block of health. This cannot be overlooked in our search for health and our battles against disease.

3. The importance of pH balance to the critical systems listed above point us to a very important factor in our approach to health. We must pursue health intelligently – at its most fundamental level. All “knotty” problems must be “unraveled” and carefully examined in order to discover the real root of the problem.

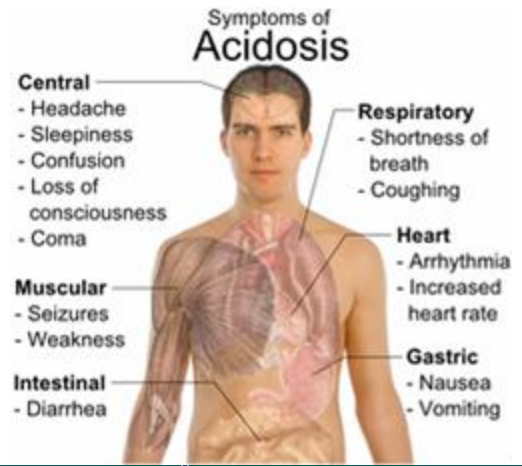
4. The root of the problem of health in the body is found at the molecular level, the “inner terrain” of the body. As it turns out, the health “mistakes” we make as we live life results in a degradation of our bodies at the molecular level and we compromise the “inner terrain” of our body toward disease.

5. When this degradation or pH imbalance (in other words) results, the entire system of the body suffers. The functions of complex systems like our heart, or brain, cellular metabolism, or digestion begin to fail because at a foundational level, they have been compromised.

6. As the party ultimately responsible for our health and life, the challenge we have is to discover what in the world is causing the “breakdown” of our pH balance at this fundamental level.

***WE NEED TO DISCOVER THE RULES OF THE BODY RULES WE MUST KEEP TO  
MAINTAIN THE PH BALANCE OF THE BODY AND LEARN TO AVOID ACIDITY - THE  
FOUNTAINHEAD OF DISEASE***

# HEALTH CONDITIONS ASSOCIATED WITH ADVANCED PH IMBALANCE (ACIDOSIS)



LEVEL I	LEVEL II	LEVEL III
ACNE	COLD SORES (HERPES I AND II)	CROHN'S DISEASE
AGITATION	DEPRESSION	SCHIZOPHRENIA
MUSCULAR PAIN	LOSS OF MEMORY	LEARNING DISABLED
COLD HANDS AND FEET	LOSS OF CONCENTRATION	HODGKIN'S DISEASE
DIZZINESS	MIGRAINE HEADACHES	SYSTEMIC LUPUS ERYTHEMATOSIS
LOW ENERGY	INSOMNIA	MULTIPLE SCLEROSIS
JOINT PAINS	DISTURBANCE IN SMELL, TASTE, VISION, HEARING	SARCOIDOSIS
FOOD ALLERGIES	ASTHMA	RHEUMATOID ARTHRITIS
CHEMICAL SENSITIVITIES	BRONCHITIS	MYASTHENIA GRAVIS
HYPERACTIVITY	HAY FEVER	SCLERODERMA
PANIC ATTACKS	EAR ACHES	LEUKEMIA
PRE-MENSTRUAL AND MENSTRUAL CRAMPING	HIVES	TUBERCULOSIS
LACK OF SEX DRIVE	SWELLING	CANCER (ALL OTHER FORMS)
BLOATING	VIRAL INFECTIONS (COLDS, FLU)	
HEARTBURN	IMPOTENCE	
DIARRHEA	BACTERIAL INFECTIONS (STAPH, STREP)	
CONSTIPATION	FUNGAL INFECTIONS (CANDIDA)	

HOT URINE	ALBICANS, ATHLETE'S FOOT, VAGINAL)
SMELLING URINE	URETHRITIS
MILD HEADACHES	CYSTITIS
RAPID HEARTBEAT	URINARY INFECTION
IRREGULAR HEARTBEAT	GASTRITIS
WHITE COATED TONGUE	COLITIS
HARD TO GET UP IN MORNING	PSORIAS
EXCESS HEAD MUCOUS	
METALLIC TASTE IN MOUTH	

1. The close association of pH imbalance and the many conditions listed above is a very important consideration. We must closely question why it is that all of these conditions are indeed integrally connected with pH imbalance or acidity. Are these conditions in fact only a symptom and not the root cause? Is in fact the real battle for health to be fought at an entirely different level?

2. The incredibly sophisticated equipment, methods, and science being used today to fight disease is overwhelming. Is it possible that the methods of traditional medicine are being applied at a secondary or symptomatic level and that the true battlefield within the body is being neglected? Are we indeed misapplying our efforts by not applying our energies in the arena that will be most effective?

3. This is a huge question and deserves our full attention. Traditional medicine simply does not focus on methods to raise pH.

4. A simple look at the lists above is shouting loudly to us the direction we need to pursue. The direction we must go to find the answers will be found as we discover importance of the role of pH balance and acidity. As we learn about this fundamental key to our body's physiology we will be astonished by the health solutions that become available to us.

**AS WE UNDERSTAND THE ROLE OF PH BALANCE AND DISCOVER HOW TO HOW TO CONTROL IT, WE WILL EXPERIENCE HEALTH AT AN ENTIRELY NEW LEVEL AS WE WORK WITH THE BODY AND NOT AGAINST IT**